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Precision Choice
Digital Bathroom Scale

Model ESBS-57



EatSmart Products
Seattle, WA 98134
Call: 866-843-3905 (8 to 5 MST)
eatsmartproducts.com

INTRODUCTION

Thank you for purchasing an EatSmart Product. Your EatSmart Precision Choice Digital Bathroom Scale has been specifically designed for your use, with an easy to use interface and superior EatSmart accuracy. All of our precision instruments for weight measurement are engineered and designed to meet the highest quality standards.....to assure you years of uncompromising accuracy and consistently dependable, convenient performance.

Please read this instruction manual carefully before use.

Your EatSmart Bathroom Scale comes with the following:

- EatSmart Digital Bathroom Scale
- Instruction Manual
- 3 AAA batteries located on the underside of the cardboard packing insert
- 2 Year EatSmart Guarantee

Please fill out your purchase information for future reference:

Date Purchased: _____

Place of Purchase: _____

Order ID (if any): _____

If you have any questions please contact us -
eatsmartproducts.com.

OPERATION

Battery Installation and First Time Setup

1. This scale operates on 3 'AAA' batteries. Batteries are included and located in the underside of the the cardboard packing insert. Unwrap batteries before proceeding. Always replace both batteries at the same time: do not combine old and new batteries. Do not mix Alkaline, Carbon-Zinc (standard) or Nickel-Cadmium (rechargeable) batteries.
2. Locate the battery compartment cover on the underside of the unit. Remove the cover.
3. Insert batteries as indicated by the polarity symbols (+ and -) marked inside the battery compartment. Replace the battery compartment cover.
4. The scale needs to be initialized and calibrated before first use and after moving your scale. Place scale on flat, hard surface. The harder the surface the more accurate your readings will be. Carpeted or uneven floors may affect accuracy.
5. Firmly press the platform to activate the backlight but do not stand on the platform. Allow the scale to read '0.0' and wait for it to turn off. Your scale is now calibrated and you can step on and weigh yourself normally.
6. If you move the scale again you must repeat step #5 to calibrate again.
7. Replace batteries when the scale indicates 'Lo' on the display.

NOTE:

1. New batteries should last for approximately one year under moderate use (less than 3 times daily). Batteries included with your scale are trial batteries and may last a shorter length of time.
2. Please recycle or dispose of batteries per local regulations.
3. Batteries may pose a choking hazard. As with all small items, do not let children handle batteries. If swallowed, seek medical attention immediately.
4. Do not dispose of batteries in fire. Batteries may explode or leak. Remove the batteries if the scale will not be used for a long period of time.

Weighing Operation

Your EatSmart Bathroom Scale operates as a basic body weighing scale. No special programming is required.

- 1. Select your desired measurement unit.** Your scale has been set at the factory to read weight in pounds. You may select kilograms units of measurement by pressing the "UNIT" button on the bottom of the scale while the scale is on. (Press firmly on the platform to turn the scale on.)
- 2. Place the scale on a hard, flat surface.** Carpeted, uneven or cushioned flooring can negatively affect the accuracy of the reading. When in doubt, call 866-843-3905 (8 to 5 MST).
- 3. Initialize the scale.** If you are placing the scale down for the first time or moving your unit you must first auto-calibrate the scale (see steps 4-6 under "Operation" section of this manual.)
- 4. Step on.** Place both feet on the center of the platform and stand still.
- 5. The scale will count up to your weight.** The scale will beep and your weight will blink 2 times when your final weight has been calculated.
- 6. Step off the scale.** The scale will turn off automatically after approximately 10 seconds.

Important: Your EatSmart scale operates with "Step-On" technology but still needs to be auto-calibrated after battery installation or after the scale is moved, to ensure accuracy.

Firmly press the scale platform to activate the backlight but DO NOT stand on the platform. Allow the scale to read '0.0' and wait for it to turn off. Your scale is now calibrated and you can step on and weigh yourself normally.

TROUBLESHOOTING

PROBLEM	SOLUTION
Scale is inaccurate or weight varies	Place feet in center of scale platform and stand still. Allow weight to lock in before looking down at display. Flooring may be reason for fluctuation. Use on the hardest floor available for accuracy. Do not move scale unnecessarily.
Scale displays "Lo" for low battery No power	Check batteries for proper installation (polarities are correct). Replace both worn batteries.
Scale displays "Err"	Too much weight has been placed on the scale and it is overcapacity. Remove weight before proceeding.
Problem persists or other conditions	Call Eat Smart for support at 866-843-3905 (8 to 5 MST).

CARE & MAINTINANCE

To protect and maintain your EatSmart bathroom scale in the best possible condition follow these directions as closely as possible.

- 1. Store and operate the unit in a safe dry location.**
Drastic changes in temperature over time can affect the quality of weight measurement. Do not expose to direct sunlight, extreme hot/cold or high humidity.
- 2. Clean with a damp, soft cloth.** Avoid abrasive cleaners and never sink or submerge in water.
- 3. Remove batteries if not in use for three months or longer.**
- 4. Do not store scale where you store cleaning chemicals.** The vapors from some household products may affect the electronic components of your scale. Do not store scale on its side.
- 5. This scale is designed to read weights between 1.2 and 400 lbs/ 0.5 and 181 kgs.** To prevent damage, do not place more than 400 lbs / 181 kgs on it.
- 6. Use unit consistent with instructions provided in this manual.**

SPECIFICATIONS

Model: EatSmart Precision Choice Digital Bathroom Scale ESBS-57
Capacity: 400 lbs / 181 kgs
Measurement Units: Pounds / Kilograms
Graduation: 0.2lb / 0.1kg
Display: 3.5" Backlit LCD
Low Battery Indicator: "Lo"
Overload Indicator: "Err"
Unit Dimensions: Approximately 11.8" x 11.8"
Unit Weight: Approximately 4.3 lbs
Power: 3 'AAA' Batteries (included)

WARRANTY

The EatSmart warranty covers defects in material and workmanship of the product under normal use for a period of two (2) years from the date of retail purchase. The warranty does not cover damages resulting from misuse, abuse, immersion, normal wear and tear or unauthorized modification.

Should this scale require service (or replacement at our option) while under warranty, please contact EatSmart for return authorization and troubleshooting.

EatSmart 866-843-3905 (8 to 5 MST) or eatsmartproducts.com
There are no expressed warranties except as listed above. This warranty gives you specific legal rights which may vary from state to state.
NOT LEGAL FOR TRADE.

Made in China

FCC INFORMATION

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference and (2) this device must accept any interference received, including interference that may cause undesired operation. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.