Precision Plus
Digital Bathroom Scale
Model ESBS-05

EatSmart Products
Oak Brook, IL 60523
Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.
Thank you for purchasing an EatSmart Product. Your EatSmart Precision Plus Digital Bathroom Scale has been specifically designed for your use, with an easy to use interface and superior EatSmart accuracy and design.

Your EatSmart Bathroom Scale comes with the following:
- EatSmart Precision Premium Digital Bathroom Scale
- Instruction Manual
- 2 AAA Batteries
- 2 Year EatSmart Guarantee

Please read this instruction manual carefully before using your scale.

Please fill out your purchase information for future reference:

<table>
<thead>
<tr>
<th>Date Purchased:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Place of Purchase:</td>
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<tr>
<td>Order ID (if any):</td>
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</tbody>
</table>
OPERATION

Battery Installation and First Time Setup

1. This scale operates on 2 AAA batteries. Unwrap batteries before proceeding.
2. Locate the battery cover on the underside of the unit. Press the battery cover tab inward and lift to remove.
3. Insert batteries as indicated by the polarity symbols (+ and −) marked inside the battery cover. Note that the batteries both go in the same direction. Close the cover.
4. Place the scale on a hard, flat surface. If the scale has turned on during this process you may get a small amount of weight register (example: 5.6 lbs) followed by a “C” appearing. This is your scale auto-calibrating.
5. Allow the scale to turn off.
6. You can now step on the scale and weigh yourself normally. If you move the scale again and it turns on while being moved you will have to repeat this calibration process.
7. Replace batteries when scale indicates “LO” on the display.

NOTES

1. New batteries should last for approximately one year under moderate use (less than three times daily). Batteries included with your scale are trial batteries and may last a shorter length of time.
2. Dispose of batteries within the legal restrictions of local government.
Weighing Operation

Your EatSmart Precision Plus operates as a basic body weight scale. No special programming is required.

1. Select your desired measurement unit. Your scale is set to default to pounds at the factory, but you can switch the measurement units to pounds or kilograms by moving the switch under your scale.

2. Place the scale on a hard, flat surface. Carpeted or uneven floors can negatively affect the accuracy of your readings.

3. Initialize the scale. If you are placing the scale down for the first time or moving your unit you may have to auto-calibrate the scale (see steps 4-6 under the “Operation” tab of this manual).

4. Step on. Place both feet on the center of the glass platform and stand still.

5. Your weight will appear on the LCD. Your weight will blink three times when your final weight has been calculated.

6. Step off your scale. It will turn off automatically.

IMPORTANT: Your EatSmart scale operates with “Step-On” technology but still needs to be auto-calibrated after battery installation and possibly when the scale is moved.

You will see that the first time weighing yourself after battery installation or moving the scale a “C” will appear. This means your scale is now auto-calibrated and can be used normally. Measurements done after this will be accurate until the scale is moved again.
The EatSmart warranty covers defects in material and workmanship of the product under normal use for a period of two (2) years (excluding batteries) from the date of retail purchase. The warranty does not cover damages resulting from misuse, abuse, immersion, normal wear and tear or unauthorized modification.

Should this scale require service (or replacement at our option) while under warranty, please contact EatSmart for return authorization and troubleshooting.

There are no expressed warranties except as listed above. This warranty gives you specific legal rights which may vary from state to state. NOT LEGAL FOR TRADE.

Made in China.

EatSmart

1-866-843-3905 (8 to 5 MST)

www.eatsmartproducts.com
### TROUBLESHOOTING

<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>SOLUTION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scale displays approximately 5.6 lbs and shows “C”</td>
<td>This is your scale auto-calibrating. Follow instructions under “Operation” for proper use.</td>
</tr>
<tr>
<td>Scale is inaccurate or weight varies</td>
<td>Place feet in center of glass platform and stand still. Allow scale to shut off completely after weighing. Do not move scale unnecessarily.</td>
</tr>
<tr>
<td>First weight is higher than normal</td>
<td>Your scale must be allowed to auto-calibrate. Follow instructions under “Operation” for proper use.</td>
</tr>
<tr>
<td>Scale displays “ERR”</td>
<td>Too much weight has been placed on the scale and it is overcapacity. Remove weight before proceeding.</td>
</tr>
<tr>
<td>Low battery indicated “LO” No power</td>
<td>Check batteries for proper installation (polarities are correct). Replace all two worn batteries.</td>
</tr>
<tr>
<td>Other conditions</td>
<td>Call 1-866-843-3905 (8 to 5 MST)</td>
</tr>
</tbody>
</table>

### CARE & MAINTENANCE

To protect your EatSmart Bathroom Scale in the best possible condition follow these directions as closely as possible.

1. **Store and operate the unit in safe dry location.** Drastic changes in temperature over time can effect the quality of weight measurement. Do not expose to direct sunlight, extreme hot/cold or humidity.
2. **Clean with a soft, damp cloth.** Avoid abrasive cleaners and never sink or submerge in water.
3. **Remove batteries if not in use for three months or longer.**
4. **Use unit consistent with instructions provided in this manual.**