EatSmart Products
Oak Brook, IL 60523

Precision Premium
Digital Bathroom Scale
Model ESBS-03
Thank you for purchasing an EatSmart Product. Your EatSmart Precision Premium Bathroom Scale has been specifically designed for your use, with an easy to use interface and superior EatSmart accuracy and design.

Your EatSmart Bathroom Scale comes with the following:
- EatSmart Precision Premium Digital Bathroom Scale
- Instruction Manual
- 4 AAA Batteries
- 2 Year EatSmart Guarantee

Please read this instruction manual carefully before using your scale.

Please fill out your purchase information for future reference:

Date Purchased: ________________________

Place of Purchase: ______________________

Order ID (if any): ________________________
OPERATION

Battery Installation and First Time Setup

1. This scale operates on 4 AAA batteries. Unwrap batteries before proceeding.
2. Locate the two battery covers on the underside of the unit. One at a time, press the battery cover tabs inward and lift to remove.
3. Insert batteries as indicated by the polarity symbols (+ and −) as marked. Close the covers.
4. The scale needs to be initialized and auto-calibrated before first use or after any time you move your scale. Place the scale on a hard, flat surface. If the scale turns on while being moved allow it time to turn off once on the ground.
5. Get on the scale and weigh yourself (please keep in mind the first reading may not be accurate and can be disregarded).
6. Get off the scale and allow it to turn off.
7. You can now step on and weigh yourself normally. If you move the scale again you must repeat this calibration process. You will see your final weight when the display locks in on a weight and blinks two times.
8. Replace batteries when scale indicates “LO” on the display.

NOTES

1. New batteries should last for approximately one year under moderate use (less than three times daily). Batteries included with your scale are trial batteries and may last a shorter length of time.
2. Dispose of batteries within the legal restrictions of local government.
Weighing Operation

Your EatSmart Bathroom Scale operates as a basic body weight weighing scale. No special programming is required.

1. Select your desired measurement unit. Your scale is set to default to pounds at the factory, but you can switch the measurement units to pounds or kilograms by clicking the switch under your scale.
2. Place the scale on a hard, flat surface. Carpeted or uneven floors can negatively effect the accuracy of your readings.
3. Initialize the scale. If you are placing the scale down for the first time or moving your unit you must auto-calibrate the scale (see steps 4 - 7 under the “Operation” tab of this manual).
4. Step on. Place both feet on the center of the platform and stand still.
5. Your weight will appear on the LCD. Your weight will blink two times when your final weight has been calculated.
6. Step off your scale. It will reset to “0.0” and turn off automatically.
7. Move your scale as infrequently as possible. To ensure maximum accuracy and consistency digital scales generally should be moved as little as possible.

IMPORTANT: Your EatSmart scale operates with “Step-On” technology but still needs to be auto-calibrated after battery installation and when the scale is moved.

Place the scale on a hard, flat surface and weigh yourself. Ignore this reading and get off the scale. Then without moving the scale weigh yourself again. This is your true weight and measurements done after this will be accurate until the scale is moved again.
The EatSmart warranty covers defects in material and workmanship of the product under normal use for a period of two (2) years (excluding batteries) from the date of retail purchase. The warranty does not cover damages resulting from misuse, abuse, immersion, normal wear and tear or unauthorized modification.

Should this scale require service (or replacement at our option) while under warranty, please contact EatSmart for return authorization and troubleshooting.

There are no expressed warranties except as listed above. This warranty gives you specific legal rights which may vary from state to state. NOT LEGAL FOR TRADE.

Model: EatSmart Precision Premium Bathroom Scale - ESBS-03
Capacity: 400 lbs or 180 kgs or 28 stones 8 lbs
Measurement Units: Pounds / Kilograms / Stones
Graduation: .2lb / .1 kg /.2 lb
Display: 3.5” Backlit LCD
Low Battery Indicator “LO”
Overload Indicator “-----”
Unit Dimensions: Approximately 12.5” x 12” x 1.75”
Unit Weight: Approximately 4.6 lbs
Power: 4 AAA Batteries (included)

SPECIFICATIONS

WARRANTY

Made in China.
EatSmart
1-866-843-3905 (8 to 5 MST)
www.eatsmartproducts.com
**TROUBLESHOOTING**

<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>SOLUTION</th>
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<tbody>
<tr>
<td>Scale is inaccurate or weight fluctuations</td>
<td>Place feet in center of glass platform and stand still. Allow scale to shut off completely after weighing. Do not move scale unnecessarily.</td>
</tr>
<tr>
<td>does not “lock-in”</td>
<td></td>
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<tr>
<td>First weight is higher than normal</td>
<td>Your scale must be allowed to auto-calibrate. Follow instructions under “Operation” for proper use.</td>
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<tr>
<td>Scale displays “ERR”</td>
<td>Place scale on hard, flat surface. Allow scale to shut off and restart.</td>
</tr>
<tr>
<td>Low battery indicated “LO”</td>
<td>Check batteries for proper installation (polarities are correct). Replace all four worn batteries.</td>
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<tr>
<td>No power</td>
<td></td>
</tr>
<tr>
<td>Overload indicated “-----”</td>
<td>Too much weight has been placed on the scale and it is overcapacity. Remove weight before proceeding.</td>
</tr>
<tr>
<td>Other conditions</td>
<td>Call EatSmart products 1-866-843-3905</td>
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**CARE & MAINTENANCE**

To protect your EatSmart Bathroom Scale in the best possible condition follow these directions as closely as possible.

1. **Store and operate the unit in safe dry location.** Drastic changes in temperature over time can effect the quality of weight measurement. Do not expose to direct sunlight, extreme hot/cold or humidity.
2. **Clean with a soft, damp cloth.** Avoid abrasive cleaners and never sink or submerge in water.
3. **Remove batteries if not in use for three months or longer.**
4. **Use unit consistent with instructions provided in this manual.**
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